

**CLIENT CONSULTATION FORM**

Name \_\_\_\_\_ Date \_\_\_\_\_

First

Middle Initial

Last

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Referred by \_\_\_\_\_ Reason for appointment \_\_\_\_\_

**General & Medical Information**

Occupation \_\_\_\_\_ DOB \_\_\_\_\_ Male Female

Physician \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Have you ever received a massage/facial/waxing? Yes If yes, how recently? \_\_\_\_\_ No

What type of pressure do you prefer? Light Medium Firm Deep Tissue

Please take a moment to carefully read the following information and check mark as indicated. If you have a specific medical condition or specific symptoms, a service may be contraindicated and not advised. If you check mark any of the conditions, please explain as clearly as possible below.

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Allergies                      | <input type="checkbox"/> Contagious diseases        | <input type="checkbox"/> Leukemia           |
| <input type="checkbox"/> Aneurysm                       | <input type="checkbox"/> C.O.P.D.                   | <input type="checkbox"/> Numbness/tingling  |
| <input type="checkbox"/> Arthritis: Osteo, RA, AS, etc. | <input type="checkbox"/> Dentures                   | <input type="checkbox"/> Osteoporosis       |
| <input type="checkbox"/> Athlete's foot                 | <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Pregnant/Lactating |
| <input type="checkbox"/> Back/neck pain                 | <input type="checkbox"/> Epilepsy or seizures       | <input type="checkbox"/> Stress/anxiety     |
| <input type="checkbox"/> Blood pressure = high or low   | <input type="checkbox"/> Fibromyalgia               | <input type="checkbox"/> TMJ syndrome       |
| <input type="checkbox"/> Bruises/burns                  | <input type="checkbox"/> Headaches/Migraines        | <input type="checkbox"/> Varicose veins     |
| <input type="checkbox"/> Cancer Where: _____            | <input type="checkbox"/> Hemophilia                 | Accidents or injuries in                    |
| <input type="checkbox"/> Cardiac/Heart condition        | <input type="checkbox"/> Injuries/Broken bones      | past year? _____                            |
| <input type="checkbox"/> Circulatory issues             | <input type="checkbox"/> Joint swelling/dysfunction | _____                                       |
| <input type="checkbox"/> Contact lenses                 | <input type="checkbox"/> Kidney stones              | _____                                       |

Explanation of any check marks above: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Do you have any other conditions not listed above? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Are you taking any medications I should know about and have you taken them today? Please explain.

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## Consent for Therapy

I understand and agree that:

- ▶ The relationship between the client and the therapist is strictly confidential and all information provided to the therapist will be kept confidential.
- ▶ My body will be properly draped at all times for modesty, comfort, security and warmth.
- ▶ The session given here is for the sole purposes of stress reduction, relaxation, relief from muscle tension or spasm, and/or to increase circulation, energy flow, cleansing or hair removal purposes.
- ▶ The session is solely for therapeutic purposes and the therapist has the right to be free from any harmful, offensive, suggestive, and/or physical contact or behavior. If these guidelines are violated, the therapist will terminate the session immediately. No refund will be provided.
- ▶ I have the right to request and require that any procedure or technique be modified, changed, stopped, or simply not performed.
- ▶ I will inform the therapist of any massage discomfort, so that the application of pressure or strokes may be adjusted to my level of comfort.
- ▶ The health information given is accurate and I agree to update the therapist with any changes at future appointments as appropriate before each session.
- ▶ It may be necessary to obtain permission from my healthcare provider to receive or continue therapy.
- ▶ The therapist does not diagnose or prescribe for medical illnesses, disease, or any other physical or mental disorders.
- ▶ The therapist does not do spinal manipulations. These sessions are not a substitute for primary medical treatment, medical examinations or diagnosis and it is recommended that a physician be seen for any ailment that you may have.
- ▶ Any session performed on a minor will be with the written consent of the minor's guardian. The guardian must remain present. This can be arranged while assuring the minor's privacy and modesty.
- ▶ Should I have to cancel an appointment for any reason, I agree to give the therapist a 24-hour notice. If I fail to provide adequate notice, I will be responsible for a cancellation fee equal to 100% of the scheduled service price.
- ▶ Your therapist is an independent professional and is solely responsible for your sessions.
- ▶ By signing this form, I also give my consent for any future sessions scheduled.

I have read and understand this form in its entirety and hereby freely give my permission to be serviced. I have stated all conditions that I am aware of in the health history portion and this information is true and accurate to the best of my knowledge. I agree to inform my therapist of any changes in my health status before each session.

Client's Signature \_\_\_\_\_ Date \_\_\_\_\_

Client's Printed Name \_\_\_\_\_

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(Print Name—Parent/Guardian)

(Parent/Guardian's Signature)

Guardian must sign this consent form for any person under the age of 18 years old receiving services.